I want to prioritize... strengthening my relationships

Whatever your goals, CCA@YourService can assist!

Relationships are an important part of who we are. To help you develop and maintain healthy connections with those we care for and interact with, **CCA@YourService** offers a range of relationship resources including:

- Needs assessment and referrals for individual, couples, and family counseling
- Grief resources to help you or someone you care about cope with a breakup, divorce, or loss
- · Strategies for effective communication
- Articles, tip sheets, and assessments about relationships
- Referrals to local social events and activities



ALWAYS AVAILABLE. ALWAYS CONFIDENTIAL.

COUNSELING SERVICES REQUEST FORM: <u>cca.eapintake.com</u>

ACCESS LINE: 800-833-8707

WEB: www.myccaonline.com Company Code: BSI

APP: CCA@YourService Access Code: BSI



